

Are you a Winner?
by Gregory Howard, LPN

There are all kinds of winners: winners of games both physical and mental where set rules determine the victor. And there are those winners that are chosen by a judges or a panel of judges who rate you on your performance in an activity or a category of activities. Another definition of winner is “one that is successful especially through praiseworthy ability and hard work; a victor especially in games and sports ´and I would like to add “as well as in life”. Two of my favorite people describe a winner this way:” If you believe in yourself and have determination and pride and never quit, you’ll be a winner” Paul W.” Bear” Bryant, and “You’re always a winner when you do your best” Snoopy.

I believe people notice, when you do your best and it’s our responsibility to find our purpose in life and don’t give up. I believe this is what determines whether or not you are a winner. Ruby Dee said it best in an acceptance speech on a recent BET Awards show” I am not yet the person I suppose to be , we are always becoming” .Each new day gives us an opportunity to be the person we dream of , because we are a possibility that can be.

So are you a winner and who decides? And the answer is: Yes you are a winner and you decide because you are the master of your faith .Only you and those you tell know your goals in life and who better to judge than you? The essence of who you are has nothing to do with your physical presence or financial status in life. You are a winner because you say you are and because you have done your best toward your personal goals.