

5 Things you should know about Alabama State Nurses Association:

- We are the largest and most influential nursing organization in Alabama.** ASNA speaks for the entire profession because our members come from all positions, educational backgrounds and areas of practice. We are over 150,000 strong through our affiliation with the American Nurses Association.
- We advocate for nurses and nursing.** Unity creates strength. ASNA members work together to advance the nursing profession. Every ASNA member has a voice in our professional association.
- We set standards for the nursing profession.** Alabama's nurses are highly educated professionals. We know our jobs and do them well. ASNA helps keep members on the cutting edge of the latest developments in the profession. ASNA's professional development opportunities are top in the field.
- With ASNA we always have a friend on our side with legal assistance.** Nurses are fired and disciplined every day for the wrong reason or even no reason. ASNA members have a powerful friend on their side. ASNA professionals are there to take the offending party to task, if necessary. ASNA offers support, guidance and even **Legal counsel**. *One hour free legal assistance each year and discounted services available.*
- We influence health care legislation.** ASNA has a team of highly prepared professionals who represent nursing's position to the legislature every day. ANA carries nurses' message to Congress. Nurses care about health care standards and availability. ASNA and ANA ensure that those concerns are addressed.

*Membership Benefits

- Save Money! 70% of your membership dues are tax deductible!
- Get support for specific workplace issues.
- Be aware of emerging issues in nursing and how they affect YOU.
- Receive a free subscription to * *American Nurse Today* and *The American Nurse*.
- Become active politically by supporting & lobbying to promote better working conditions, safer workplaces, and improved patient care.
- Participate in the many CE offerings and earn contact hours at discounted rates

(up to 30%). Get FREE CE by speaking/presenting at ASNA events.

- Improve your Resume' through volunteerism and professional involvement.
- Financial & Insurance Services Discounts.
 - Bank of America Platinum Master Card®
 - Nurses Banking Center
 - Professional Liability Insurance
 - NEBCO Insurance
 - VPI Pet Insurance
- Become active in your district and improve the quality of life for nurses and patients where YOU live.
- Gifts & Shopping Discounts:
 - ANA Cash Rewards Mall
 - ASNA Marketplace
 - Croc Shoes
 - Dell Computers
 - Land's End
 - Many More
- Travel Discounts:
 - Avis Auto Rental
 - Budget Auto Rental
 - Hertz Rent a Car
 - Global Volunteers
 - Choice Hotel International
 - Disney World Swan & Dolphin Resort
 - Wyndham Hotel Group
- *Save up to 55% on ANCC Certification exams.
- Receive FREE fact sheets, published materials and brochures (Something for Nothing Brochure), call 1-800-274-4ANA (262).
- Become an expert witness or a media spokesperson. Let us know your willingness and expertise.
- Save thousands on Real Estate expenses with our members only Realtor, Twana Herman – 334-391-4041
- Educate the public on AIDS/HIV, Diabetes, and High Blood Pressure prevention.
- Mentor new graduates and new members.
- Promote YOUR career through new experiences, networking, and job opportunities listed in the *Alabama Nurse*, www.alabamanurses.org or www.nursingworld.org.

- Learn how to attend CE free of charge with our Greenbucks program.

Visit Alabama State Nurses Association's website at www.alabamanurses.org

ASNA Legal Assistance Program

Use this step-by-step guide should you have a problem:

- Don't wait. Call ASNA immediately! There are time limits that may affect your case. Don't let a problem persist over a long period before you decide to seek help.
- Gather and maintain documentation in a safe place to support your allegations. Make a list of potential witnesses.
- Compile documents that may be relevant to your case. Do not make any notations on the documents.
- Do not enter into any agreement or sign any letters or statements until you have consulted the ASNA Attorney.

*Some benefits are available to dual membership members only.

Vendor Discounts

Southern Belles & Bows – 10% [334-277-9479](tel:334-277-9479)/bekkibelle@knology.net

Southern Uniforms – up to 40%
1721 E. Blvd – Stratford Sq., Montgomery, AL

www.truesoaps.com – 15%

Bandana's Restaurant – free drink w/meal

Express Fitness – Millbrook, AL – No Enrollment Fee – 334-290-0084

Ardistry Hair Studio – 20% on hair services
334-821-6111

Carmichael's BBQ – Millbrook, AL – free drink w/meal – 334-285-2466

Billy Lyman's American Tire & Automotive – Prattville, AL – 10% on all repairs & parts – 334-491-8473

Contact Us:

memberasna@alabamanurses.org